



Spring 2008 Newsletter

CRATHIE Opportunity Holidays



Patron: HRH Camilla, Duchess of Rothesay

## A great holiday opportunity on Royal Deeside for everyone, with superb facilities for disabled people



Camilla 2008

### Royal Patron

**Welcome to our first newsletter of 2008.** We are delighted to announce that HRH Camilla, Duchess of Rothesay has kindly consented to become our Royal Patron. Her patronage will last five years, and we are honoured that Her Royal Highness has given her support to the Charity in this way. Her association with Crathie Opportunity Holidays will endorse the importance of this special facility for so many disabled people who now have an opportunity to holiday in this beautiful part of Royal Deeside.

### Sponsored Challenge



January 2008



May 2008

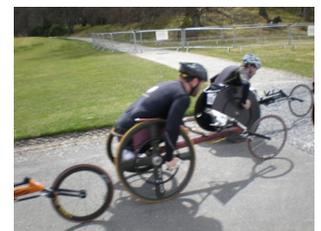
Our Chairman Ed Bushnell has been challenged to leave his beard to grow for a whole year in an effort to raise funds for COH and he will not trim it until the 31st December 2008. Ed hopes to raise at least £1000. If you would like to sponsor Ed to keep his beard, or contribute to the fundraising please contact us.

Good luck Ed as we enter the growing season



**Run Balmoral 08**, a one-day festival of running set in the beautiful grounds of Balmoral Castle, was held on Saturday 26<sup>th</sup> April 2008.

The event included the Tartan 10K, a 5K run, Primary and Secondary Schools' runs and, for the 1st time at Balmoral, a dedicated wheelchair 10K race was featured, sponsored by Aberdeenshire Disability Sport.



This invitational elite wheelchair athletes' event is one of the very few of its kind in the UK. The competitors, 5 of whom were ranked within the top 20 places of the **British Wheelchair Racing Association Road Racing Championships 2006**, stayed at the cottages which provided them with convenient and extremely accessible accommodation for the race.

We look forward to welcoming them again next year.



## Walking on Wheels

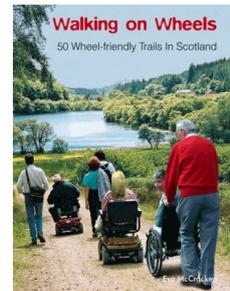


One of our regular guests, Eva McCracken, has asked if we can help spread the word about **The Walking on Wheels Trust**.

The Trust supports projects that enable greater access to the countryside and other recreational outdoor activities and welcomes applications for its small grants scheme - up to a maximum of £1000 - from any **not for profit** organisation or community group in Scotland.

If any organisation feels it has such a project, then the Trust would be glad to hear from you. [www.walkingonwheels.org](http://www.walkingonwheels.org) has information on the small grant scheme. The first round of applications is now being considered and the results will be available on the website at the beginning of June together with future grant information.

We have a few copies of Eva's book 'Walking on Wheels' 50 Wheel-friendly Trails in Scotland, for sale £11 + £ 1.50 p&p, if you would like to buy a copy please contact the COH office.



## New for 2008

A range of greetings cards with photos of local scenes. £3.95 for a pack 4 cards + p&p



If you would like to buy any cards please contact the COH office.

Later in the year we will be selling packs of Christmas cards. The proceeds from all sales will help support COH.

Details of all designs will appear on our website [www.crathieholidays.org.uk](http://www.crathieholidays.org.uk)

For enquiries and booking contact  
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Company No: 182878  
Scottish Charity: SC 027590

Whilst visiting the cottages why not call in for tea or coffee and delicious home baking, on sale at the Crathie Church Hall every Monday morning 10am - 12.30 ( April - October)

